



# BEAMS

*Bible Education and Missionary Service*

*P.O. Box 10200 • 15444 Duckworth Road • Gulfport, MS 39505-0200*

*Phone (228) 832-1096 • Fax (228) 832-1695*

Rene' J. Freret, D.D.  
President

Phone  
(228) 832-1096

## May, 2022, Prayer Letter

“And the word of the Lord was published throughout all the region,” Acts 13:49.

### Dear Brothers and Sisters in Christ,

Greetings in the name of our Lord and Saviour Jesus Christ. Thank you for your prayers for us.

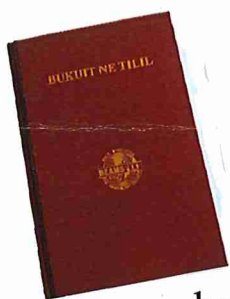
### A Helpful Program

As many of you know, I have been diagnosed with Parkinson's disease. An exercise program that has been helpful to me is Rock Steady Boxing. If you know of someone with Parkinson's, please encourage them to check out this program. There are more than 800 affiliates of the program in the United States to “fight back” against Parkinson's. The coach leads the group in overall fitness exercises and in boxing. It is non-contact in that you hit boxing bags, not people. My wife is a great help to me as she goes with me and assists with my exercises as my “corner person”.



*René and Freda Freret*

### Missionaries Need Bibles



Years ago, BEAMS partnered with Valley Forge Baptist Temple to supply 5,000 Bibles in the Nandi language to Missionaries Josphat and Emily Yego for Kenya. They now need more Bibles. Please pray with us as details are worked out to fill this need.

Also, please pray about the great need for Bibles in Ukraine. At this time, none are available; but BEAMS is to be notified when they become available.

### Thank You

Freda and I would like to thank each individual, church, and pastor for your faithful prayers and support for us and the BEAMS Bible ministry.

**Your Missionaries,**

*René and Freda Freret*